

# Seahorse

## International Sailing

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### Controlling the USA 17

– Mark Sheffield

Lighter (faster) IRC

– Jason Ker

### Orma revisited

– Vincent Lauriot Prévost

Taking (proper) charge

– Rob Greenhalgh

### Shaking up the pack

– Terry Hutchinson

A bountiful (Cup) menu

– Dave Hollom

### Day in the life

– Paul Cayard



**Taking things too literally**  
– the Imoca monomaran

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